



WINGSPIREAD

RANDOLPH AIR FORCE BASE

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Command Day

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NEWS

Additional prescription dispensing machine added to pharmacy lineup

The Randolph Air Force Base Pharmacy now provides an additional refill pick up Automated Prescription Dispensing Machine site at the base commissary. The APM in the clinic, located inside the main door, is for new prescriptions only.

APMs allow dispensing for all prescriptions with the exception of controlled substances, refrigerated items and medications stored in large bottles or boxes. However, in order to access the APMs, patients must first register for a PIN at the main clinic pharmacy.

Active-duty members in uniform

are always given priority service during duty hours due to mission requirements. As such, there may be an added wait for prescriptions.

Several medications that have been added to the pharmacy formulary include: Actos®, cyclobenzaprine 5mg, carvedilol IR, amlodipine, benzoyl peroxide wash 10%, Diflucan® 10m/mL suspension, albuterol 0.083% pre-mix solution, metoprolol 25mg, Mucinex®, Mucinex-D®, Nexium®, Triglide®, Glucophage XR®, Trusopt®, and Atacand HCT®. The following medications have been deleted from the

formulary: Prevacid®, Aciphex®, and Protonix®.

For a complete formulary listing of the Randolph pharmacy, ask for a copy at the main clinic pharmacy check-in desk or call 652-4127. Additionally, the formulary can be accessed at the following Web site at www.pharmacyonesource.com/fos/default.asp?L=67891&g=1&f=1392.

The Randolph Air Force Base pharmacy hours of operation are Monday through Friday from 7:15 a.m.-4:30 p.m., with the exception of training days (the pharmacy closes at noon on the last Wednesday of the month) and

12th Flying Training Wing down days.

Closings will be posted on the pharmacy refill phone system and listed in the base newspaper, the Wingspread.

The refill line gives useful information about pharmacy operations and can be reached by calling 652-2025/3552 or 1-800-471-0309. All refills called in before 6 a.m. can be picked up the following day after 8 a.m. However, refills called in after 6 a.m. Fridays will be ready the following Tuesday after 8 a.m.

(Courtesy of the 12th Medical Group)

Medication safety: A patient, care provider partnership

By Cpts. Valerie Cavazos and Catherine Giordano
12th Medical Group

What medications are you taking? How are you taking your medications? Why are you taking the medications you are on? Do you have any allergies?

These are some common questions that you are probably asked every time you visit your health care provider. Pay attention. It may seem like small talk, but it is not just idle conversation.

A patient's medical needs are best served when patients and providers are partners in care. Clear communication between the patient and provider is crucial for the health, safety and proper treatment of the patient.

According to the article, "Knowing your medicine can be a matter of life and death," written in March 2006, it is important to remember that "the first line of responsibility in the process of delivering care is the patient's." The patient must take responsibility for clearly and accurately relating his or her medical history to the health care provider.

Nowhere is this concept more critical than when it comes to medication. Some medications can interact with each other with negative or unforeseeable effects. Sometimes, the fact that a patient is taking one medication will change the dosage that a health care provider will prescribe for another drug.

Knowing what medications a person is allergic to and what medications he or she is taking helps ensure that new medications are prescribed correctly. In extreme cases, knowing this information can mean the difference between life and death.

In an effort to help patients become more aware of their medications and minimize errors that might cause harm to patients, the 12th Medical Group is utilizing a process called medication reconciliation. According to the Joint Commission in an article titled "Medication reconciliation: challenges and opportunities," written last year, medication reconcilia-



cation is defined as "the process of comparing the medications that the patient/client/resident has been taking prior to the time of admission or entry to a new setting with the medications that the organization is about to provide."

In other words, medication reconciliation means checking what medications a patient is already taking every time he or she visits his or her health care provider so new medications can be safely introduced.

On base, the 12th Medical Group providers and staff will be reviewing and updating the patient's active medication at every appointment. This is where partnership in patient care becomes so important.

Patients are the primary source of information regarding their medications. The computer system on base can only provide information about what medications a patient is currently taking, and only those that have been prescribed and provided through the military system. Information about past medications and medications prescribed or purchased off base is not available through the computer system. Emergency rooms, urgent care centers,

civilian providers and specialists are not able to update medication changes to the medical records at the 12th Medical Group. Additionally, if the computer system cannot be accessed, the provider still needs to know what medications a patient is taking in order to provide good, safe and effective care.

It is helpful to bring a list of all current and recent medications or even to bring the pharmacy bottles to the appointment for the medical staff to review. People who use many medications may

choose to carry an updated list in their wallets or purses at all times in case the information becomes necessary. All medications – prescription, over-the-counter, herbal and vitamin – should be included. At the clinic, the patient's medical record will be compared to this list and be updated as necessary. Health care providers should take the time to clarify how and when to use medications and answer any questions the patient may have.

Finally, each patient will be given a copy of their current medication list as a record to keep and show to any health care providers, both on and off base, that they may see in the future. Pocket-sized booklets for medication lists are also available at all clinic desks in the 12th Medical Group. Just ask for a "My Medicine" book to keep track of medications. Be sure to keep your list up to date!

The 12th Medical Group's medication reconciliation efforts include supporting a partnership between patients and providers to ensure medication awareness and safety and to optimize every patient's health.

So next time you visit your health care provider, join in the conversation armed and ready with your current medication list. After all, your provider's "small talk" can help you in a very big way.

SNEAK PREVIEW

Command Day gives CSOs a better perspective of their mission

By David DeKunder
Wingspread staff writer

Base navigators got a preview on what they can expect from their first assignments after completing their training during Randolph's Semi-Annual Command Day April 18.

Command Day featured a series of presentations, briefings and displays put on by the 562nd and 563rd Flying Training Squadrons at the base theater and at the base's south flightline ramp.

The day is set aside for combat systems officers, naval flight officers, electronic warfare officers and their spouses and allows students to talk to instructors about aircraft operations, base facilities and quality of life issues that would accompany the assignments the students chose to take.

The student navigators also got to look at the static displays of five aircraft located on the south flightline ramp — the C-130E from Little Rock Air Force Base, Ark., HC-130P from Kirtland Air Force Base, N.M., KC-135 from Altus Air Force Base, Okla., HC-130P from Moody Air Force Base, Ga., and RC-135 from Offutt Air Force Base, Neb., were all in attendance.

Capt. Steve Wilson, 12th Operations Group Command Day representative, said Command Day helps student nav-

igators better understand what they will go through once they chose to be assigned to a specific aircraft or base.

"Command Day gives those student navigators who have not been assigned already a chance to make a better informed decision on where they would fit the best," Captain Wilson said. "For those students who have already received their assignments, it is the first time they will get up close to the aircraft they will be assigned to."

Approximately 200 to 300 student navigators and their spouses took part in Command Day. A one-hour spouse's briefing was held after the aircrew briefing to give spouses a better picture of how life will be once their active-duty husbands and wives start their navigator assignments.

"The spouses were invited to all the briefings, including the aircrew ones," Captain Wilson said. "Some of the instructors' spouses volunteered to answer any questions the student navigators spouses may have had. We have these briefings for the spouses so we can give them a better idea of what a particular assignment will be like. It is a decision student navigators and spouses have to make together. Command Day gives them the option of determining what assignment will be the best for their family."



Photo by Dave Terry

Second Lieutenants Tirso Pena (left) and Kathleen Konops study a control panel in an RC-135 during Command Day April 18.

Second Lt. Dmitry Nedelin, 563rd FTS EWO, said he attended his third Command Day at Randolph last week.

"Command Day gave me an opportunity to narrow down what I wanted to do coming out of school," he said. "It gave me the opportunity to talk to people about the current operational environment. You get

the most up to date information from the navigators."

"Command Day gives you a better perspective of how your role fits in the bigger mission," Nedelin said. "It gives navigators an opportunity to know what they are getting into. This program is good for the Air Force and the Air Education and Training Command."

Wingspread, Web site e-mail address changes

The Wingspread and Web site e-mail addresses customers have come to know and love have combined into a new address: news@randolph.af.mil.

In accordance with the Air Force Smart Operations 21 initiative, the 12th Flying Training Wing Public Affairs office has begun streamlining the Wingspread and public Web site submission procedure.

The change is designed to ensure the staff has a common operation picture when it comes to requests for support, be it a Wingspread article or Web site post.

In addition to ensuring submitted information is gathered, sorted and organized appropriately, the new address is easier to remember.

"If you're looking to post information on our Web

news@randolph.af.mil

site or in the newspaper, it's much more convenient for customers to remember one e-mail address," said Airman 1st Class Katie Hickerson, Wingspread editor.

Although customers will still be able to send e-mail to randolph.wingspread@randolph.af.mil, their correspondence will be auto-forwarded to the new address.

"Eventually, that e-mail address will disappear, leaving customers scratching their heads if they don't update their address books," said Airman Hickerson.

Several changes to the Web site have made it more streamlined and user-friendly than ever. As an additional commander's tool, the Web site will soon feature exclusive content, "hot" topic information links, in-depth information on important command topics and interesting information about Randolph Air Force Base.

Have a great story idea? Want to submit items to the Web site or base newspaper? E-mail us at news@randolph.af.mil or call 652-5760.

(Courtesy 12th Flying Training Wing Public Affairs office)

Commander's Action Line

Call 652-5149 or
e-mail randolph.actionline@randolph.af.mil

While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Jacqueline Van Ovost
12th Flying Training Wing commander



AETC executive earns national award

By Tech. Sgt. Mike Hammond

Air Education and
Training Command
Public Affairs

An Air Force senior executive assigned to Air Education and Training Command headquarters here received a prestigious presidential award yesterday for outstanding leadership and long-term results.

Garry Richey, AETC's director of logistics, installations and mission support, received the 2007 Air Force Presidential Rank Award, Distinguished Executive, at a ceremony April 14 at Arlington National Cemetery. Up to one percent of eligible career federal executives may earn the honor. Mr. Richey is the only Air Force senior executive service recipient this year.

Mr. Richey earned the award for accomplishments primarily at the Oklahoma City Air Logistics Center at Tinker Air Force Base, Okla., where he served before joining AETC in July 2007. He led the way in many changes in areas such as human resources, contracting, logistics and aircraft maintenance.

His vision and leadership saved the government \$1.8 billion by guiding the transition of the



"It's truly humbling, when I look around and see the things our folks are doing. The teams I've been a part of ... you can't buy that kind of loyalty and sacrifice."

Garry Richey
Air Education and Training Command
Director of logistics, installations and mission support

former Kelly AFB propulsion facilities from government control to a public-private partnership.

He led improvements to the depot maintenance process that effectively increased the number of operational aerial refueling tankers by 25 percent – which provided a tangible boost to the nation's war fighting capability. He championed Tinker AFB as one of the first bases to implement the Department of Defense's National Security Personnel System, a new personnel management and classification system.

In his current position, Mr. Richey leads a directorate which provides maintenance engineering, supply, transportation, contracting, civil engineering, and security forces support for 13 flying and training wings. He also oversees plans and policies supporting integration of new weapons systems into the

AETC inventory, including the F-22A Raptor, CV-22 Osprey, C-130J Hercules, F-35 Lightning II and TH-1H Huey II helicopter.

Mr. Richey's directorate is involved in a number of initiatives designed to improve processes by operating more efficiently and in some cases, more centrally.

With the Expeditionary Combat Support System, members of his directorate are looking at best practices from the commercial sector of industry to improve Air Force support to its war fighters. In security forces, the command is testing automated entry procedures at the base gates. Staff members are also working to streamline the process by which Air Force members get specific training for deployments supporting other services, and how to take care of Airmen better while they are at the training. The command is

also looking into centralizing funding and resources for aircraft sustainment and repair.

Mr. Richey said he feels very fortunate to have been selected for this award, and owes much to the people he works with.

"It's truly humbling, when I look around and see the things our folks are doing," Mr. Richey said of his selection for the award. "The teams I've been a part of ... you can't buy that kind of loyalty and sacrifice. People focus on the mission and if you're lucky enough to be on a team working on important things and they give their all, you just ride that crest."

"A former government worker, President Theodore Roosevelt, said, 'The greatest prize that life has to offer is the chance to work hard at work worth doing,'" Mr. Richey said. "I'm just so lucky, it's hard to believe."

ON THE COVER

2nd Lts. Jackson Irvin, Matt Harris, Joshua Price and Michael Ritcheson, combat systems officers, make the walk from a Little Rock Air Force Base C-130E during Command Day April 18. See related story on page 6. (Photo by Dave Terry)

WINGSPREAD

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Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in Hangar 6.

Articles may also be sent by e-mail to news@randolph.af.mil or by fax at 652-3142. For more information about submissions, call 652-5760.

We've changed our e-mail address

Articles, commentaries, photos and story ideas for the Wingspread can now be submitted by e-mail to news@randolph.af.mil

TSgt earns AF honors as best ARC Vehicle Operations NCO

By Staff Sgt. Tim Bazar

12th Flying Training Wing Public Affairs

A local Air Force Reserve Command technical sergeant was lauded by the Air Force as the 2007 ARC Vehicle Operations NCO of the Year recently.

Rachael Kiernan, who works in a civilian capacity in the distinguished visitor transportation section of the 12th Logistics Readiness Division, also dons a uniform to join her fellow ARC Airmen at Carswell Naval Air Station (a joint Reserve base) in Ft. Worth every month for their two-day drill weekend. As a technical sergeant, her 12 years of experience with the military shines through, Lt. Col. David Jones, 301st Logistics Readiness Squadron commander at Carswell NAS said.

In addition to teaching 14 Airmen the ins and outs of the "2T1" vehicle operations career field, Sergeant Kiernan also takes on the role of training manager to ensure every Airman under her watch is current on their requirements in the event they tasked to deploy.

"Everything we try to accomplish in a month of active duty is all jammed into two days on the Reserve side," said Sergeant Kiernan, whose husband, Master Sgt. John Kiernan, is a first sergeant at Air Education and Training Command. "When my husband got stationed here, I naturally followed. But I wanted to stay with my Reserve

unit at Carswell (NAS)."

But San Antonio isn't far removed from the lifestyle Sergeant Kiernan has experienced in her military travels. As a vehicle operations craftsman, she has served at Andrews Air Force Base, Md., where she met her husband, Sheppard Air Force Base, Texas, where she applied for a military training leader position and got it.

"My experience (as an MTL) was the best yet," she said with a grin. "It was long hours, but it was the best three years of my career."

That's when she decided to "go Reserve."

"It was a big change going from active-duty to Reserve," Sergeant Kiernan said. "But I was happy to be back driving again."

While deployed for six months to Manas Air Base, Kyrgyzstan, as a volunteer, she transported 130 crews and 25,380 pounds of equipment, drove 485,000 pounds of cargo on 53 tractor trailers without incident, and delivered 18,000 pounds of Army and Air Force Exchange Service, or AAFES, goods and merchandise to meet customer demands.

She additionally created multiple computer database and programs to smooth the tracking and organization of vehicle requests.

But her services weren't all work-related. Sergeant Kiernan also worked to improve the fitness of other Airmen by volunteering to teach a



Photo by Melissa Peterson

Tech. Sgt. Rachael Kiernan prepares a distinguished visitor vehicle for use recently.

step-aerobics class, while at the same time volunteering to be her unit's unit travel representative.

"Being a UTR and taking care of getting our Airmen back home is a great motivator for me," she said.

"She's second to none in patriotism, volunteerism, leadership and warrior spirit," Colonel Jones said. "(She even) volunteers her off-duty time to sew on patches and rank for new members and promotees."

News BRIEFS

Retirement

Congratulations to Master Sgt. Robert Fleet, Air Education and Training Command, on his retirement.

Correction

Senior Master Sgt. Andrew Mixter was incorrectly identified in the Wingspread April 18 as a retiree. He remains on active duty.

Spring Fling at Canyon Lake May 17

The Randolph Recreation Park at Canyon Lake is hosting an annual Spring Fling May 17 from 10 a.m.-4 p.m. This is a free family event designed to let people see and experience what Canyon Lake has to offer.

During Spring Fling there will be tours of the park, a kids' area with a petting zoo, pony rides and a "Create a Mural" area. Free hot dogs, chips and soda will be available from 11:30 a.m. to 2 p.m. There will also be free paddleboat and pontoon boat rides, tattooing, Build-a-Boat, entertainment and a casting contest.

ASMA luncheon

The Alamo Chapter of the American Society of Military Comptrollers invites all members and non-members to attend a luncheon Tuesday from 11 a.m.-1 p.m. April 29 at Hangar 9 on Brooks City-Base.

The guest speaker is Col Mark Donahue, 77th Aeronautical System Group commander.

To RSVP, contact your local ASMC representative.

Bowling center closing for four weeks

The Randolph Bowling Center will be closed for four weeks beginning May 5 for installation of state-of-the-art pin-setting and scoring equipment. The Spare Time Grille will remain open for lunch Monday-Friday from 10:30 a.m.-1 p.m.

For more information, call 652-6271.

Tuskegee Airmen Convention

The 37th annual Tuskegee Airmen Convention takes place July 17-20 at the Downtown Marriott Hotel in Philadelphia.

For details, visit www.tuskegeearmen.org.

Veterans in the Classroom Job Fair

Lackland Air Force Base will host the Veterans in the Classroom Job Fair May 7 from 2-4 p.m. at the Gateway Club, Lackland Air Force Base.

The program assists retired, retiring and separating military veterans and their spouses in pursuing teaching careers. Individuals with a special interest in math, science and technology are currently being recruited. Universities, colleges and alternative teaching certification programs will be present to answer any questions on becoming a certified teacher in Texas. Local school districts will also be present to talk about upcoming openings in their district. The event is open to all DoD card holders.

For details, call Cindy Ybanez at 671-3722.

Stars and Bars dining-in May 7

A Stars and Bars dining-in for company-grade and general officers is May 7 at 8 p.m. at the Gateway Club on Lackland Air Force Base. The dining-in is in conjunction with the Company Grade Officers Council conference. The cost is \$25 a person. For more information, e-mail karen.chisholm@lackland.af.mil.

Officer degree, career broadening

Officers interested in pursuing an advanced academic degree or an experience broadening program in 2009 should apply no later than June 6. Officers in space/missiles operations, intelligence, weather, logistics, civil engineering, program management, developmental engineering, communications and information, services, public affairs, manpower, other mission support rated career fields may be able to apply for one or more developmental programs.

Additionally, officers may apply for instructor pipeline programs with the Air Force Academy and Air Force Institute of Technology.

For more information, visit http://ask.afpc.randolph.af.mil/main_content.asp?prods1=1&prods2=14&prods3=190&prods4=821&p_faqid=6051.

Special agents sought

The Air Force Office of Special Investigations is recruiting eligible military members to perform special agent duties. The OSI investigates crimes against persons

and property, defeats and deters base-level and contract fraud, combats threats to information systems and technologies and provides the Air Force with counterintelligence support for its force protection mission. Eligibility requirements and other information can be found at www.osi.andrews.af.mil.

For more information, call Special Agent Jessie Garcia at 652-9164 or 652-2004.

Summer employment

The Randolph Civilian Personnel Flight announces summer employment opportunities in clerical, laborer and recreation positions for candidates at least 16 years old. Application guidelines and procedures are listed on www.usajobs.com. The 12th Mission Support Squadron Affirmative Employment Element will accept applications in their office through May 31.

For more information, call 652-2655 or 652-5977.

Youth/Scout liaison

The 12th Flying Training Wing Public Affairs office is seeking Department of Defense civilians interested in volunteering as the alternate Randolph Youth/Scout liaison. The volunteer position consists mainly of coordinating base and overnight visits with out-of-town Junior Reserve Officer Training Corps, Boy Scout and Girl Scout troops.

For details, call Jim Woody at 652-4532.

Emergency services facing staff reductions, but mission continues

By David DeKunder
Wingspread staff writer

Responding to emergency calls, being ready for aircraft emergencies and spreading the word about fire safety to base members are all in a day's work for Randolph Fire and Emergency Services personnel.

On call 24 hours a day, seven days a week, base emergency personnel serve a variety of roles from firefighter to medic to educator.

The job of providing fire, medical and aircraft emergency service will become a challenge for Randolph emergency personnel as their ranks get smaller because of Air Force-wide staff reductions in coming months.

Mark Ledford, RFES chief, said the anticipated staff reductions will not change the focus of base emergency personnel.

"We will take an approximately 20 percent cut in staff, from 72 to 56 firefighters, but our mission will remain unchanged," he said. "On top of the cuts, we could expect to have six to 12 of our firefighters deployed in the fall. It will be a challenge, but we will have to be creative and innovative."

Mr. Ledford said base fire and emergency services are continuing to build strong relationships with on base and off base organizations.

"We have outstanding relationships with the 12th Medical Group and 12th Security Forces," he said. "The way we interface with each other on scene is efficient and very functional."

RFES is working with the 12th Flying Training Wing to help improve its response time, Mr. Ledford said.

"We are working to upgrade our notification software, which allows us to receive our 911 calls and emergency alarms, so that the location of the alarms would be automatically displayed on a map," he said. "That will help us reduce our response time because we will know exactly where to go."

Base fire and emergency services keeps its personnel prepared by holding routine exercises at its three story training facility on the east side of the base near the horse stables.

On April 28, the Department of Defense Mobile Training Team instructors from Goodfellow Air Force Base in San Angelo, Texas, will conduct rescue exercises with Team Randolph personnel throughout the base. When base personnel complete the exercises, which will go over rescue techniques in confined spaces, high angles and auto extrication, they will be certified as rescue technicians.

"We try to stay up with the latest techniques and technology," Mr.

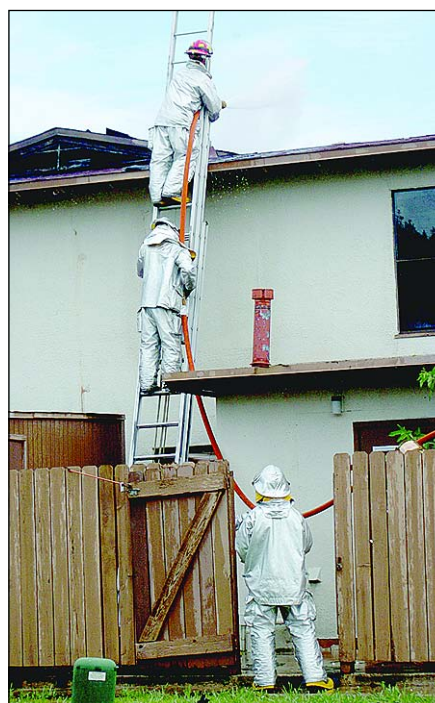


Photo by Steve White

Randolph AFB firefighters douse a fire that ignited the roof in base housing Oct. 27, 2005.

Ledford said. "We have some really bright people who are motivated enough so that we can utilize the latest technology to be more efficient in what we do."

During the spring, summer and fall, base emergency services give tours of the base fire station during the flight

line orientation segment of the Aerospace Medicine Primary Course at Brooks City Base. The U.S. Air Force School of Aerospace Medicine puts on the course to train Air Force physicians to be flight surgeons.

Maj. Mike Madrid, Aerospace Medicine Primary Course deputy director, USAFSAM, said Team Randolph emergency personnel provide an invaluable orientation to the equipment and vehicles that are used for aircraft emergencies and other situations.

"The purpose of the orientation is to make our students aware of the operations of these highly trained professionals and how they, as future flight surgeons, integrate into that operational environment," Major Madrid said. "We desire upcoming flight surgeons to establish an open dialogue and close working relationship with base firefighters. Base surgeons-in-training get a hands-on experience with their operations to include familiarization with the incident command system."

Whether its responding to a medical or aircraft emergency to educating civilians and military personnel about emergency management, RFES will always be ready, 24 hours a day, seven days a week, to help Team Randolph when they are needed.

AFROTC administrative unit provides tools, support for 36 detachments in Southwest

By Robert Goetz
Wingspread staff writer

Randolph is well-known for housing high-profile mission partners such as the Air Force Manpower Agency, Air Force Personnel Center and Air Force Recruiting Service.

But it is also home to less-publicized associate units, including one that provides administrative support for all Air Force Reserve Officer Training Corps detachments on college and university campuses in the southern United States from Mississippi to Hawaii.

The AFROTC Southwest Region headquarters, housed in a building that faces the west side of Washington Circle, is the administrative arm of the 36 detachments that make up the region.

"Our job is to ensure the detachments have the tools and support to do their jobs," said Lt. Col. Ray Bowen, Southwest Region deputy commander.

The staff of three officers, two senior noncommissioned officers and one civilian performs a variety of functions.

"We process both officer and enlisted performance reports for just over 200 individuals as well as all decorations and awards for all cadre members at our 36 detachments," he said. "We're also involved with the selection process for many cadet awards, to include some scholarships."

Training oversight and tracking of expenditures

are other responsibilities.

"We provide training and compliance oversight for each detachment, primarily through staff assist visits," Colonel Bowen said. "The region is also involved with the coordination of summer training for the cadets, including field training and professional development training."

Col. Kevin Martin, Southwest Region commander, said he spends much of his time on the road, visiting detachments and meeting with the officers and NCOs who serve as instructors and with campus leadership and students.

"I take care of the cadre and make sure things are going correctly," he said. "If there's an issue that needs to be taken care of, I address that."

Air Force ROTC, with headquarters at Maxwell Air Force Base, Ala., is part of the Air Force Officer Accession and Training Schools organization, which also includes Air Force Junior ROTC and Officer Training School. Colonel Martin said between 40 and 50 percent of Air Force officers are commissioned through the ROTC program.

AFROTC detachments are located on 144 college and university campuses in all four regions, with 984 additional schools participating in cross-town agreements that allow their students to attend AFROTC classes at an area host school, according to the AFOATS fact sheet.

"We want to create about 2,000 lieutenants a year (in all four regions), so we have to bring in

about four times that amount at the start," Colonel Martin said.

Students take one three-hour ROTC course, which includes a lab, each semester and finish their college education with 24 credit hours in ROTC as well as field training. Freshmen and sophomores take general military training while juniors and seniors take the professional officers' course. A field training exercise at Maxwell AFB occurs between the sophomore and junior years.

The instructors, who are part of the university faculty, are assistant professors of aerospace science, while the detachment commander is considered a full professor of aerospace science.

Colonel Martin said ROTC instruction is not a career field. The instructors "come out of their career field for career broadening," but they must be certified by the Air Force as academic instructors and the position usually requires a master's degree.

Colonel Martin believes AFROTC gives students a solid preparation for Air Force leadership positions.

"These students get the college experience and they're also part of a group where they get the opportunity to follow, then lead," he said.

Colonel Martin said the program provides the Air Force with a diverse officer corps.

"As an officer corps, we want to look like the nation," he said. "We want kids with varying backgrounds. That diversity creates a stronger military."

COMMUNITY

Randolph's 2008 Car Show

Randolph's 2008 Car Show at Canyon Lake attracted a large crowd of classic car enthusiasts Saturday.



The 1955 Chevy Bel Air (above), owned by Billy Willenburg, won Best in Show Saturday at Randolph's 2008 Car Show at the Randolph recreation area at Canyon Lake. The 1954 Kaiser Manhattan (far left), owned by Darwin Strohmeyer, won the Participant's Choice trophy and the 1939 Ford Delux Coupe (left), owned by Robert Robeson, came away with the Commander's Choice trophy, awarded by Col. James Sohan, 12th Mission Support Group commander.

Photos by Maggie Armstrong

Community BRIEFS

RANDOLPH CHAPEL – 652-6121

• Chapel schedule

For a complete chapel schedule, including Protestant, Catholic and other religious services, visit www.randolph.af.mil and click the "chapel" link on the right side.

AIRMAN & FAMILY READINESS CENTER - 652-5321

Home Alone Class

A class designed to prepare children ages 10 and older to be left unattended in base housing for short periods of time takes place May 6 from 5-6 p.m. at the A&FRC. Children and parents must attend this training together.

For more information and to register, call Mitzi Wood at 652-3828.

Dads 101 Boot Camp

Dads 101 Boot Camp takes place May 17 from 8 a.m. to noon at the A&FRC. Topics include supporting your partner during pregnancy, labor and delivery, bonding with your newborn, caring for your newborn, coping with crying and common concerns among dads.

To register or for more information, call Debra Spencer, New Parent Support Program manager, at 652-3340, or e-mail her at debra.spencer@randolph.af.mil by May 14.

EDUCATION INFORMATION - 652-5964

Park University

The Community College of the Air Force book stipend may total up to \$150. Recipients must be enrolled with Park University, Randolph AFB and be a graduate participating in the spring CCAF graduation ceremony. The book stipend will be applied to offset book costs with courses taken at Park University.

For application procedures, contact the Randolph Campus Center by e-mail at rand@park.edu. The deadline for application is today.

ERAU

Embry-Riddle Aeronautical University is accepting applications for admission to the bachelor of science in professional aeronautics, bachelor of science in technical management and master of aeronautical science degrees. The next term runs May 26 to July 27. Transfer credit is accepted. Undergrad credit is available for seven-level, Federal Aviation Administration pilot ratings and A&P licenses. Graduate credit is available for certain Air Force courses, including SOS, ACSC, AWC and specific PIT training years. Call the ERAU office at 659-0801 for more information.

Welcome contribution



Photo by Don Lindsey

Col. Jacqueline Van Ovost, 12th Flying Training Wing commander, accepts a \$5,000 grant from Bob Worth, Jr., an official from the Texas Cavaliers Foundation, for the "Friends of the Family Support Center" fund during a Fiesta celebration April 21.

CROSSWORD PUZZLE

ACROSS

1. Mil. duty status
4. Taxing org.
7. Sheep's sound
10. Model Klum
12. Raised platform
14. WR-____; Peach State base unit commanded by Maj Gen Tom Owen
15. BG Augustine ____ Robins; Peach State base namesake
16. MAJCOM on the Peach State base
17. Grievous distress, affliction or trouble
18. "____ a Wonderful Life"
19. Stomach muscles
21. F-15; part of the Peach State base's heritage museum
23. Offensive; 1968 Vietnamese attack on U.S. forces
24. Peach State capital
27. Japanese or Korean person
28. Make a fermented alcoholic malt beverage
32. Sack
35. Col. Warren ____; current 78

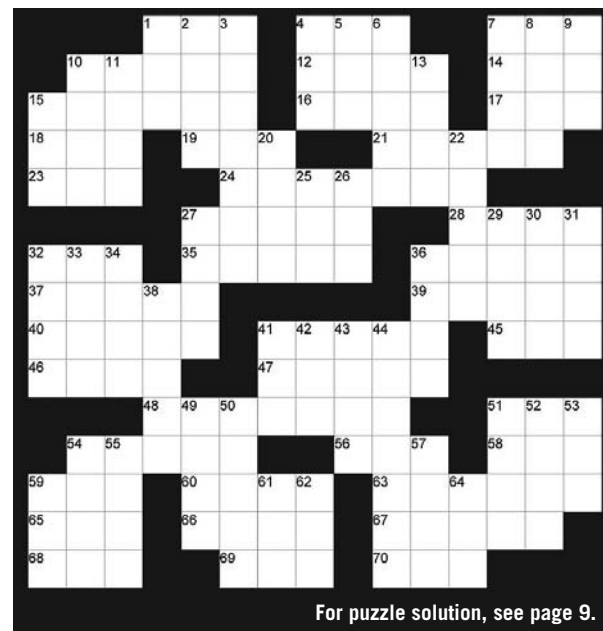
- ABW commander at Peach State base
36. Persons of the highest class
 37. Actor Flynn
 39. Mission of Peach State base
 40. Fabled dwarflike creature living underground with treasure
 41. To suppress; omit; ignore; pass over
 45. USN O-1
 46. Dr. Ronald ____; retired Maj Gen, astronaut; former USECAF
 47. Town near Peach State base
 48. County where Peach State base is located
 51. 157°30' east of due north
 54. Acquire knowledge of or skill in by study
 56. Sleep for a short time; doze
 58. Overseas mil. address starter
 59. Homer's neighbor
 60. MAJCOM Peach State base is assigned
 63. Col. Charles E. "Steve" ____; Peach State base's first

- commander
65. Droop
 66. Fibber
 67. Large sea duck
 68. Orange or lemon beverage
 69. Child's plaything
 70. Mil. pay entitlement during a PCS

DOWN

1. Relative
2. Thought
3. USAF site
4. Actress Lupino
5. ____ Lakenheath
6. Alarm
7. Cry
8. Lotion ingredient
9. Pilot with 5+ aerial victories
10. Loathe
11. Before the present time; formerly
13. Jazz singing with improvised, meaningless syllables
15. Natural ability to perceive and understand; intelligence
20. Move slightly or lightly
22. Whole end wall of a building

- or wing having a pitched roof
25. Tutelary deity or spirit of an ancient Roman household
 26. Whatever or whichever it maybe
 27. Operation ____ Sentry
 29. Advanced to the point of being in the best condition for use
 30. ____ College; British school
 31. Dampens
 32. Asks for as a gift, as charity or as a favor
 33. Thomas Augustine ____; British composer
 34. ____ bowl; USAF dining-in instrument
 36. Garden spot
 38. D-Day beach
 41. 13 letters of the alphabet
 42. Broad flat muscle on either side of the back
 43. Image; representation
 44. Gave away
 49. Type of test
 50. Unqualified or incompetent
 51. Alike



For puzzle solution, see page 9.

52. Box
53. Greek goddess of the dawn
54. Periodic table Pb
55. Brink or verge
57. TV doctor
59. U.S. cryptologic org.
61. Chairman Zedong
62. Shed tears
64. ____ Mae; Whoopi in "Ghost"

MOVIES

Randolph Movie Theater - 652-3278

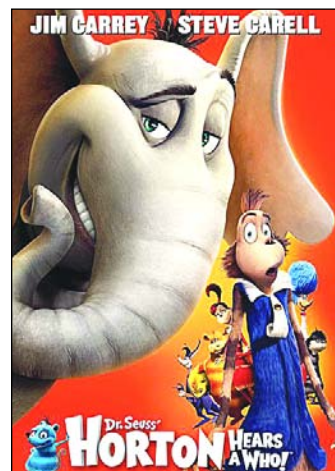
Adults - \$4.00

Children (11 yrs. and under) \$2.00



"Shutter"

Joshua Jackson, Racheal Taylor
Friday, 7 p.m.
Rated PG-13, 99 min.



"Horton Hears a Who!"

Jim Carrey, Steve Carell
Saturday, 6 p.m.; Sunday, 3 p.m.
Rated G, 89 min.

BRIEFS from P7

Wayland Baptist University

Bachelor of science in occupational education is a 124-credit-hour undergraduate degree offering majors in justice administration, human services, occupational education and various others. For more information, call 945-8379 or visit the Randolph office in Building 208, Room 11.

ACCD

Registration for the Maymester term is still under way. Alamo Community College District Maymester courses run May 12-30. Course schedules for Summer I and II are posted online at

www.accd.edu/spc/admin/extsvcs/rafb.aspx.

Summer registration began April 14. Registration deadlines for Summer I and Summer II are June 5 and July 11, respectively. Students needing the college entrance exam, advising and assistance with regis-

tration should contact the college representatives at 659-1096, or visit the Education Services Center, Building 208, Room 10.

St. Mary's University

St. Mary's is a local university that offers graduate programs on base. Courses in the MBA program, engineering systems management, computer information systems and reading are offered at Randolph two nights a week in an eight-week format. St. Mary's extends a tuition grant to active duty, military retirees and DoD employees.

Spouses of these groups also qualify for the tuition grant. Besides these programs, St. Mary's also offers 20 master's degree programs on the main campus.

For additional information regarding any of the graduate programs offered by St. Mary's, contact the Randolph representative in the education center at 658-4852 or visit www.stmarytx.edu/grad.

MISCELLANEOUS

• AETC welcome home program

Military personnel who have deployed from an AETC base for over 120 days in support of Operation IRAQI FREEDOM or Operation ENDURING FREEDOM have an opportunity to win \$2,500 travel vouchers which may be redeemed for a vacation. Visit the Airmen and Family Readiness Center in building 693 to find out more about the program.

In addition, returnees may go to the Bowling Center front counter between now and May 5 to enter to win three games of bowling with free rental shoes (for up to four people). While there you can check out what the Bowling Center has to offer.

All military members who returned from deployments in CY 07 through May 08 and their family members are invited to a "Welcome Home Pool Party" on May 23 from 5 – 8 p.m. at the center pool and officers' club deck. There will be pool games, free food, a pay-as-you-go bar and lots of prizes.

This program is sponsored by USAA, Anheuser-Busch and EG&G/LSI. Additionally, the Drury Inn is a local sponsor of the program and has provided three nights in their hotels to be given away at the Welcome Home Pool Party. No federal endorsement of sponsors is intended.

• May bargain warehouse

The bargain warehouse offers great deals! Open May 14 from 8 to 9 a.m. for E1-E4 and from 10 a.m. to 2 p.m. for all other DoD ID cardholders. Limits may apply. Cash and checks are accepted. Call 652-5268 for more information.

12th Services Briefs

ARTS AND CRAFTS CENTER – 652-5142

• Graduation memories

Graduations, from kindergarten to college, are right around the corner. Preserve your special moments with a little help from arts and crafts. Call 652-5141 for options and pricing.

ENLISTED CLUB – 652-3056

• Cinco de Mayo celebration

Head to the club on May 2 at 5 p.m. for a Cinco de Mayo celebration with a piñata bust and jalapeno eating contest. The winner of the jalapeno eating contest gets three chances to bust the piñata that is filled with coupons for free lunch, \$5 club bucks and \$1 bills! There will be Mexican hors d'oeuvres and a special on frozen Margaritas during the social hour.

GOLF COURSE – 652-4570

• Tips on improving your swing

Mr. Brian Cannon, PGA professional, will be available every Thursday and Friday in May from 4–6 p.m. at the driving range and Mr. Troy Gann will be at the driving range on May 5, 12 and 19 from noon to 1 p.m. to give you tips on how to improve your swing and to answer any questions.

Additionally, the unit that gets the most people to stop by for advice will earn 20% off their next golf tournament. Stop by and take advantage of this FREE opportunity to learn from the pros.

• Cobra demo day

The golf course will hold a Cobra Demo Day on May 10 from 10 a.m. to 2 p.m. Maximize your potential; get fitted for the clubs that allow you to hit

longer and straighter drivers.

OFFICERS' CLUB – 652-4864

• "Let's Make a Meal Deal" deck party

Mark your calendars for May 1 from 4-8 p.m. for the First Thursday membership appreciation deck party. Enjoy a BBQ buffet, the Texas Tide Band and cool refreshments from the bar. The cost is only \$3 for members or \$6 for nonmembers. The dining room is closed these evenings.

Let's also play "Make a meal deal". Tell the cashier the name of your "Group/Tenant Organization" for a chance to win your next first Thursday meal for half off (\$1.50 for members or \$3 for nonmembers). The group with the most people present wins. Additionally, everyone at the party will be entered into a drawing to win four free Regal Cinema movie tickets.

YOUTH CENTER – 652-3298

• Mother/Daughter Tea

Moms, bring your daughter's, ages 5 and older, to the youth center on May 3 from noon to 2 p.m. to have "high tea". While enjoying a cup of tea you will learn about the custom of "tea time" and the history of various teas. Along with the tea, samples of English hors d'oeuvres will also be provided.

Moms and daughters are encouraged to bring their own teacups and saucers. However, cups will be provided for your convenience. There is no fee, but you must make a reservation by calling the youth center at 652-2088 by May 2.



MOTHER'S DAY at the CLUBS

brave-creative-warm-concerned-human-determined-tough-teacher-loving-nurturing-listener



Enlisted Club

Seating times are 11:30 a.m. and 2:15 p.m.

Members: \$17.75 Kids ages 5-12: \$8.75
 Nonmembers: \$19.75 Kids ages 5-12: \$10.75

For more info or reservations call 652-3056

Officers' Club

Seating times are 10:30 a.m.,
 11 a.m., noon, 1 p.m., 1:30 p.m.,
 2 p.m., & 2:30 p.m.

Members: \$19.95 Kids ages 5-12: \$8.50
 Nonmembers: \$21.95 Kids ages 5-12: \$10.50
 Children four and under eat for free

For more info or reservations call 658-7445 or 652-4864



Solution to puzzle on page 8.

FEATURE

Wounded Warrior: Air Force family helps Purple Heart recipient, wife

By Tech. Sgt. Mike Hammond
 Air Education and Training Command Public Affairs

Staff Sgt. Matthew Slaydon lay motionless on a dusty road in Iraq, his body riddled with shrapnel after an improvised explosive device exploded about 2 feet from his face. His left arm hung by a couple of tendons and his face was unrecognizable. His friends worked frantically to save him from an early grave.

Sergeant Slaydon, an explosive ordnance disposal technician from the 56th Civil Engineer Squadron at Luke Air Force Base, Ariz., was critically injured Oct. 24, while serving to protect convoy routes in Iraq. The explosion left him completely blind. His left eye was gone. Doctors amputated his left arm above the elbow. He also suffered a collapsed lung and numerous facial fractures and lacerations in the attack.

A terrorist's bomb may have blown Sergeant Slaydon's body apart that day, but since then, a lot of people have helped him keep his life together.

An agonizing trip

His comrades on the scene and a host of doctors and medical professionals worked to save his life and transport him home. His wife of more than eight years, Annette, made the difficult flight to meet her badly injured and unconscious husband at Walter Reed Medical Center in Washington, D.C.

"It was an agonizing trip," Mrs. Slaydon said. "I had hardly eaten or slept in the three days since I heard of his injuries."

A family liaison officer from Sergeant Slaydon's EOD shop at Luke AFB, Staff Sgt. Ryan Winger, accompanied her on the flight to see her husband for the first time.

"It was very rough emotionally. There was no way I could've handled all the details without Sergeant Winger's help," she said.

When she finally arrived and saw her husband for the first time since he left for the fateful deployment, she couldn't believe her eyes.

"I just kept looking at him and looking at him ... his whole face and head was so swollen ... and really, the only thing I could recognize was the top of his head," she said.

A little help from their friends

Sergeant Slaydon was not regularly conscious for the first three weeks after the attack. He would have no memory of the days ahead, but Annette soon discovered she was far from alone.

A combination of people and resources has been at her service since the moment she found out her husband was wounded. A team of Air Force members, along with financial support from the Air Force Aid Society, has "made it possible for me to spend most of my time with my husband, instead of dealing with bills and other

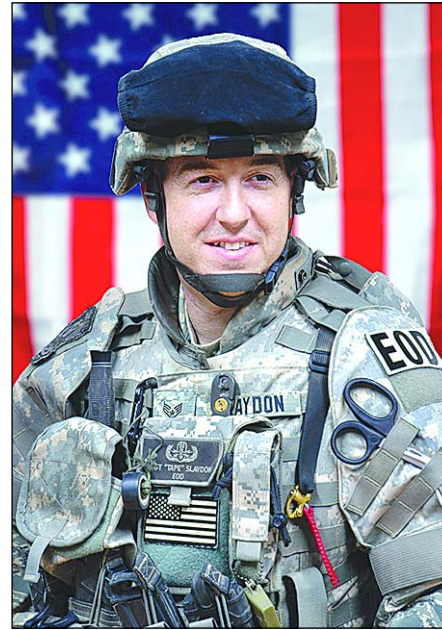


Photo illustration by
 Senior Master Sgt. Eddie Dominguez

Staff Sgt. Matthew Slaydon prepares for convoy duty during his deployment to Iraq in June 2007.

distractions," Mrs. Slaydon said.

In the early hours of Oct. 31, the Slaydons arrived in San Antonio, where Sergeant Slaydon would continue treatment and begin rehabilitation at Brooke Army Medical Center.

"Before the engines on that plane even shut off completely, Chief Page was on board," Mrs. Slaydon said, referring to Chief Master Sgt. Stephen Page, 12th Flying Training Wing command chief master sergeant. "He introduced himself and said, 'You're in Air Force country now - I've got you,' and he gave me an EOD coin to give Matthew so he'd have a coin on him," she said. "When I met Chief Page, it was the first time I really thought everything would be OK ... eventually, at least."

On board with Chief Page was Senior Airman Dan Acosta, a fellow EOD Airman who was also severely wounded by an IED in Iraq on Dec. 7, 2005. Airman Acosta took over family liaison officer duties from Sergeant Winger, who returned to duty at Luke only after being assured his

Del Lipe (right), a prosthetist, works to fit a prosthetic arm on Staff Sgt. Matthew Slaydon during his rehabilitation at Brooke Army Medical Center.

comrade was in good hands. Mrs. Slaydon said Airman Acosta and his wife have been incredibly supportive and helpful since they can personally relate to the various challenges the Slaydons face each day.

"The first several weeks were very chaotic," Mrs. Slaydon said. "I was there with Matthew the whole time I could be. My days were spent going to the hospital and back, and then I would go home, do essential things like laundry, and go to sleep. Then, I'd get up and do it all over again."



Photo by Joel Martinez

Above from left to right: Sergeant Slaydon's wife, Annette, Chief Master Sgt. Stephen Page, 12th Flying Training Wing command chief master sergeant, and Staff Sgt. Matthew Slayon pose for a photo together at Sergeant Slaydon's Purple Heart Ceremony January 29 at the base theater.

Right: Staff Sgt. Slaydon practices tying a knot with his prosthetic arm as part of physical therapy at Brooke Army Medical Center in San Antonio.

Easing the burden

As the couple faced severe hardships, many more people reached out to them.

For instance, Army policy would be to permanently move an injured soldier to San Antonio during treatment. This would have been a hardship to the Slaydons, so Senior Master Sgt. Debra Westmoreland, a member of the AETC command action group who met the Slaydons while getting background information for a Purple Heart presentation ceremony, stepped in to help ensure they could keep Luke as their home station. Since then, she's helped them with numerous other issues and treated them like family, according to Mrs. Slaydon.

The sacrifice required of families such as the Slaydons goes well beyond the physical injuries and emotional difficulties. There is a heavy financial toll as well.

"Back home in Arizona, I'm a paralegal, and I bring in a good paycheck," Mrs. Slaydon said. "But being here with my husband, I'm not collecting that check anymore. We also own a house there, so there are mortgage payments to think about."

That's where the Air Force Aid Society lightened the load.

Steve Mayfield, at the Randolph AFB Airman and Family Readiness Flight, arranged for the AFAS to fund the Slaydons' house payments for a couple of months. Air Force Aid also took care of some unexpected expenses that came up, like termite treatment on the home.

"It was hard to ask for help," Mrs. Slaydon said. "We're very self-sufficient and good with our money. It can be hard to get over your pride to 'stoop' and ask for financial assistance, but Mr. Mayfield explained the aid was a bene-

fit my husband earned through his service - even before he was wounded. That made me feel better about it."

Meanwhile, back at Luke, Sergeant Slaydon's co-workers, along with the base and local communities, pitched in as well. They quickly raised more than \$3,000 to help the family, according to Capt. Matthew Hileman, 56th Civil Engineer Squadron EOD Flight commander.

"The bottom line for me is - yeah, I could sit around on the couch and collect a check for the rest of my life, but to hell with that. I want to do something and still make a difference."

Staff Sgt. Matthew Slaydon

"There is nothing the EOD community and the Air Force family will not do to help those who risk their lives defending their country," the captain said. "Their sacrifice is a debt we truly cannot begin to repay."

"The support from my home unit at Luke has really allowed me to focus on healing," Sergeant Slaydon said. "They've come out to visit me, they've been taking care of my house along with friends and neighbors, not to mention helping Annette in the early days after I was injured."

Finally, at a national level, John Beckett, of the Air Force Survivor Assistance Program, has worked closely



Courtesy photo

with the Slaydons to get them through current issues and help them look toward the future.

"He's personally called to check on us regularly, and been a huge help to us," Mrs. Slaydon said.

The road ahead

Sergeant Slaydon's recovery is still a work in progress. He is learning to cope in total darkness. He has been fitted with a prosthetic for his left arm and is trying to get used to that.

Despite a schedule full of medical and therapy appointments, community reintegration events, and public speaking engagements, he was able to clear some time on his calendar for the one he loves. He and Annette renewed their marriage vows April 11. That was important to them, because in a future full of uncertainties, they could only be sure of their love for each other.

"A big challenge for me in the near future will be transitioning from active duty to medically retired," Sergeant Slaydon said. "Not so much the paperwork, but just being ready to leave active duty. I loved being in Iraq on patrols, manning a gun, defeating the enemy's most dangerous weapons. So it will be a different life ahead."

Sergeant Slaydon said he's looking to go back to school to obtain a doctorate in clinical psychology. He wants to work for the Veteran's Administration in the field of post-traumatic stress disorder so he can help other people just like his Air Force family helped him.

"The bottom line for me is - yeah, I could sit around on the couch and collect a check for the rest of my life, but to hell with that," he said. "I want to do something and still make a difference."

SPORTS and FITNESS

3-ON-3 FUN

12th MDG hosts tournament benefitting AFAF

By David DeKunder

Wingspread staff writer

In early May, Randolph Airmen will have the chance to help the Air Force Assistance Fund while playing basketball at the same time.

The 12th Medical Group will hold a 3-on-3 basketball tournament May 7 from 8-11:30 a.m. at the Rambler Fitness Center gym to benefit the AFAF. Teams have until noon May 2 to register and pay a \$25 fee.

Registration forms can be picked up at the fitness center, with any unit first sergeant or by contacting Staff Sgts. L.P. Williams or Stacy Robinson at 652-1846 or by email. Active-duty personnel, dependents, Department of Defense civilians and contractors are eligible to play in the tournament.

Sergeant Williams said the medical group decided to put on a basketball

tournament to benefit the AFAF because of what they do for the Air Force community.

"We are doing this tournament for AFAF because they are always helping those Airmen and their families who are in need," she said. "It feels good for us to give back so that AFAF can help others."

Organizers are hoping eight to 12 teams will participate in the double elimination tournament. Sergeant Williams said 12th MDG is hoping the same teams who participated in a 3-on-3 tournament held in February as part of Black History Month will be ready to play again.

"We had six teams in the last tournament," the sergeant said. "It was a great tournament and it was very successful. The Rambler Fitness Center staff was very helpful."

Three-on-three basketball games are played half-court, with teams tak-

ing possessions after a made shot or defensive rebound behind the free throw line. Baskets count for one point and shots made behind the three-point line count for two.

Since the games will be played in half-court, the fitness center gym will be able to have four games at the same time.

A coin toss determines what team will receive possession of the ball to start the game. Games will be 15 minutes long and the team that scores 15 points first or has the most points within the 15-minute time period wins. The game clock keeps running unless a player is injured.

The games have no referees, players are responsible for calling fouls. Sergeant Williams, who oversees the tournament day operations, said the games run smoothly even without officiating.

"Everyone is honest about calling their own fouls," Sergeant Williams said.

Sergeant Williams said the tournament should bring out talented players who recently competed in the 5-on-5 intramural and extramural basketball leagues.

"This tournament will be very competitive because it will bring out the best players on base," she said. "Players will come out to compete for the bragging rights of the base. It will be like the NBA All-Star game."

Master Sgt. Tony Harmon, 12th MDG Dental Flight NCOIC and AFAF unit contact, said proceeds from the tournament go directly to those Airmen who need it.

"The purpose for having this tournament is to help the medical group exceed its 12th Flying Training Wing established goals in raising funds for AFAF," he said.

Ro-Hawk track teams streak to regional tournament in San Marcos today

The following is a schedule of events Randolph High School boys and girls will be competing in at the Region IV-2A track and field meet today and Saturday in San Marcos. The name of the Randolph girls or boys athletes participating in a particular event is in parentheses on today's schedule. All events will be held at Texas State University's Bobcat Stadium

TODAY

• Field events – Final

9:30 a.m. – Girls' long jump (Jasmine Kent, Jayla McArthur)

• Preliminary running events

2:30 p.m. – Girls' 400-meter relay (Jayla McArthur, Caitlin Carter, Kenya Alexander, Sydney Solomon); followed by boys' 400-meter relay (C. Stoker, Reese Washington, P.J. Rancier, Dante Terrell)

3:30 p.m. – Boys' 110-meter hurdles (Lance

Copeland)

4 p.m. – Girls' 100-meter dash (Caitlin Carter, Kenya Alexander); followed by Boys' 100-meter dash (C. Stoker)

4:20 p.m. – Girls' 800-meter relay (Jasmine Kent, Caitlin Carter, Tamoya Morrison, Sydney Solomon); followed by Boys' 800-meter relay (C. Stoker, Reese Washington, Anthony Ravela, Dante Terrell)

4:50 p.m. – Girls' 400-meter run (Jayla McArthur, Ria Rivers)

5:35 p.m. – Girls' 200-meter run (Tamoya Morrison, Kenya Alexander); followed by Boys' 200-meter run (Anthony Ravela)

6:35 p.m. – Girls' 1,600-meter relay (Jasmine Kent, Tamoya Morrison, Sydney Solomon, Jayla McArthur)

SATURDAY

• Running event finals (if Randolph athletes qualify

for finals in preliminary events)

1 p.m. – Girls' 400-meter relay

1:05 p.m. – Boys' 400-meter relay

1:40 p.m. – Boys' 110-meter hurdles

1:50 p.m. – Girls' 100-meter dash

1:55 p.m. – Boys' 100-meter dash

2 p.m. – Girls' 800-meter relay

2:10 p.m. – Boys' 800-meter relay

2:20 p.m. – Girls' 400-meter run

2:50 p.m. – Girls' 200-meter run

2:55 p.m. – Boys' 200-meter run

3:25 p.m. – Girls' 1,600-meter relay

3:35 p.m. – Boys' 1,600-meter relay

One day admission to the meet is \$5 for adults, \$3 for high school students and senior citizens and \$1 for elementary school students.

Meet results will be posted on regionivaa.org after each event is completed.

Sports BRIEFS

Asian-Pacific Heritage volleyball tourney

The free Asian-Pacific Heritage Month volleyball tournament is May 10 from 8 a.m.-5 p.m. at the Jimmy Brought Gym on Fort Sam Houston. First-, second- and third-place trophies will be awarded.

Participation is open to all military, family members and civilians. To sign up, e-mail tstephens9@satx.rr.com to register no later than May 2.

2008 Volleyball Season

The fitness center is now taking teams for the 2008 intramural volleyball season. Units that wish to participate must contact the sports program manager at rick.prado@randolph.af.mil, as soon as possible. The season starts April 28.

Randolph Fitness Day Half Marathon

The Rambler Fitness center is hosting their first half marathon (12 miles) on May 10 at 7 a.m. at Eberle Park. It should be an exciting event!

Men's and Women's Varsity Softball Teams

The fitness center is accepting applications for the men's and women's varsity softball teams. The applicant must be available for all games and practices. The season runs from August through January. Each team will consist of 2/3's active duty members and will compete in local leagues and tournaments.

If interested, contact TSgt Dwayne Mumaw at Dwayne.mumaw@randolph.af.mil.

FitFactor Volleyball and league registration

The youth center is conducting FitFactor volleyball sessions Tuesdays and Thursdays from 6-7 p.m. during the month of April. These sessions are for youth, ages 9-14.

Registration for the girl's volleyball clinic and summer leagues for ages 9-18, takes place now through May 30.

America's Kids Run

The American's Kid Run will be held at 9 a.m. on May 17 at Eberle Park. Five and six year old children will run a half-mile, seven and eight year olds will run one mile, and nine to thirteen year olds will run two miles. They will finish to the loud cheering of proud parents and receive an "America's Kids Run T-shirt". Call the Youth Center at 652-2088 for more information.